

STARTERS

Inspired by beach shack & street vendors across the Caribbean islands.
Perfect as a Starter or hack the menu with your choice of Starters & Side Plates

THREE for £15	FOUR for £19	FIVE for £23
CRISPY CHILLI SQUID £5.8 Panko coated squid, mango mole, jerk mayo	OUR JERK PIT WINGS £5.5 24 hour spice marinated wings, spicy jerk glaze, sour orange chutney	
GARLIC & CHILLI PIT PRAWNS £6.6 Whole shell-on grilled king prawns, crushed garlic, roti flatbread	JERK GLAZED PIT RIBS £5.5 24 hour spice marinated back pork ribs, spicy jerk glaze, sour orange chutney	
CRISPY WHITEBAIT £5.3 Panko coated whitebait, fresh lime & jerk mayo	BEEF PATTY £5.2 Ground beef, coconut butter, Caribbean spice, jerk mayo	
DUCK ROLLS £5.5 Slow roasted duck, sweet onion, rolled flatbread, coconut butter, sour orange chutney		

CRISPY OKRA (V) £5.3 Panko coated okra, mango mole, jerk mayo	DOUBLES (Ve) £5.3 Two ‘puffed up’ bara roti flatbreads, curried chickpeas, cucumber chutney, hot sauce. From the streets of Trinidad	SWEET CORN FRITTERS (Ve) £5.3 Sweet corn, spring onion, West Indian hot sauce	GARLIC ‘N’ HERB FLATBREAD (V) £5.5 Fresh rocket, crushed chilli garlic butter
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SHARE IT...

As a Starter to Share, or Main Course with one or more Side Plates

JUST JERK PLATTER £14 Marinated jerk wings, glazed pork ribs, beef patty, jerk chicken flatbread, sweet corn fritters, super green salad	VITAL VEGGIE PLATTER (V) £13 Sweet corn fritters, crispy okra, jerk pit grilled mushroom & peppers with spicy jerk, halloumi and mango flatbread, plantain, super green salad	SEAFOOD PLATTER £14 Curried fish roti flatbread, chilli squid, crispy panko whitebait, sweet corn fritters, mango mole, herb mayo, super green salad
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ONE POTS

Rich, slowly simmered & uniquely Caribbean.
Add one or more Side Plates

OUR CURRY GOAT £10.5 Rich and spicy curry, coconut rice ‘n’ peas, sweet plantain, dumplings	CURRY PRAWN £11.5 Whole shell-on king prawns, mango, sweet potatoes, tomato, garlic, ginger, Caribbean spices, steamed rice, roti flatbread
TRINI CURRY CHICKEN £10.5 Caribbean spices, coconut milk, coconut rice ‘n’ peas, roti flatbread	CURRY SALMON £11.5 Light coconut curry sauce, garlic, ginger, scotch bonnet, steamed rice, roti flatbread
BROWN CHICKEN STEW £10.5 Tomato, allspice, thyme, scotch bonnet, ginger, coconut rice ‘n’ peas, dumplings	CHICKPEA & CALLALOO* CURRY (Ve) £9.9 Tomatoes, garlic, scotch bonnet, steamed rice, roti flatbread
AUBERGINE CURRY (Ve) £9.9 Sweet potato, light fragrant curry sauce, steamed rice, roti flatbread	

Please ask for our **Set Menu** 2 courses for £13, 3 courses for £15 - available Sun - Thurs

JERK-IT...

The ultimate Caribbean BBQ. Marinated for 24 hours & finished over open flames. Add one or more Side Plates

JERK CHICKEN Quarter £7.45 Half £10.95 Breast £9.9 Pit grilled, spicy jerk, coconut rice ‘n’ peas, Caribbean slaw	MO’ BAY CHICKEN £10.5 Chicken breast, creamy jerk, coconut rice ‘n’ peas, sweet plantain, dressed salad
BABYBACKS Half £8 Whole £10.5 24 hour spice marinated pork ribs, spicy jerk, sweet potato fries, Caribbean slaw	BELLY PORK £12.5 Spicy jerk, coconut rice ‘n’ peas, chili pineapple salad
SIRLOIN STEAK Δ £17.9 Prime cut aged sirloin steak, spicy jerk, coconut callaloo*, spiced fries. Best served medium rare	JERK SALMON Δ £11.5 Salmon steak, spicy jerk, coconut rice ‘n’ peas, sweet plantain, dressed salad
Get Beach Ready! –turn any Jerk Dish into a “Beach Salad Board” £1 Mango, fresh rocket, carrot & squash ribbons, gem lettuce, super snap peas, watermelon and crispy chickpeas	

SIDE PLATES

Great tasting sides. Hack the menu with your choice of Starters & Side Plates

TWO for £5.5	THREE for £8	FOUR for £10	FIVE for £12
DIRTY CURRY FRIES (V) £3 CHEESY JERK FRIES (V) £3 SWEET POTATO FRIES (Ve) £3 SPICED FRIES (Ve) £3	DUMPLINGS (V) £3 BARA ROTI** (Ve) £3 CRUMBED PLANTAIN (V) £3 SWEET PLANTAIN (Ve) £3 CREAMY COCONUT CALLALOO* (Ve) £3	CRUMBED HALLOUMI (V) £3 GRILLED JERK HALLOUMI (V) £3	CHILLI PINEAPPLE SALAD (Ve) £3 SUNSHINE QUINOA (Ve) £3 SUPERGREEN SALAD (Ve) £3 CARIBBEAN SLAW (V) £3
COCONUT RICE‘N’PEAS (Ve) £3 STEAMED RICE (Ve) £3			
CURRIED CHICKPEAS (Ve) £3 CRISPY CHICKPEAS (Ve) £3 CARIBBEAN HUMMUS (Ve) £3 CHILLI SMASHED AVOCADO (Ve) £3			

Salad Toppings			
Garlic & Chilli Pit King Prawns	£4	Crispy Chilli Squid	£4
Grilled Jerk Chicken Breast	£4	Caribbean Hummus (Ve)	£3
Grilled Halloumi (V)	£3	Crumbed Halloumi (V)	£3

SUPERVITAL GREEN SALAD (Ve) £8 Kale, avocado, rocket, chickpeas, sugar snap peas, baby spinach, red onion, pomegranate & citrus lime dressing Add one or more toppings	FESTIVAL SALAD (Ve) £8 Avocado, mango, carrot & butternut squash ribbons, cucumber, crispy gem lettuce, sugar snap peas, rainbow beets, shaved coconut & rocket & citrus lime dressing Add one or more toppings	SUNSHINE QUINOA (Ve) £8 Quinoa, chickpeas, green lentils, fresh pineapple, baby spinach, herbs, pomegranate & citrus lime dressing Add one or more toppings
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AT LUNCH ‘N’ LATER MEAL DEAL
available 11.30 - 3pm Monday - Friday
any **Lunch ‘n’ Later** dish + one **Side plate** + **Soft Drink**
£10

AT LUNCH ‘N’ LATER

Perfect for lunch or later in the evening.
An ideal complement to your cocktails. Why not book your cocktail table?

JERK CHICKEN FLATBREAD £7 Stone baked flatbread, roasted pulled jerk chicken, fresh tomato, rocket, Caribbean hot sauce	KINGSTON CHICKEN TOASTIE £5 Made fresh to order. Crispy sourdough, coconut butter, curried chicken, cheese, rocket	WEST INDIAN WRAPS £5.2 Made fresh and hot to order. Toasted wrap, homemade coconut butter, lettuce, cucumber	PULLED CHICKEN <u>or</u> HALLOUMI, PEPPERS & MUSHROOM (V) <u>or</u> COCONUT CALLALOO* & CURRIED CHICKPEA (Ve)
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THE HOT CHICK‘IN BURGER £6.5 Panko crumbed chicken fillet, fresh grilled pineapple, mature cheddar, gem lettuce, tomato, jerk mayo, hot sauce	STREET BURGER £6.5 Seasoned beef burger, mature cheddar cheese, lettuce, tomato & jerk mayo	SHACK STACK BURGER £8 Seasoned beef burger, jerk pork belly, mature cheddar cheese, lettuce, tomato, jerk bbq sauce
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SMOKING GOAT BURGER £8.5 Grilled goat burger, rocket, tomato, hot sauce	HALLO HALLOUMI (V) £6.5 Grilled halloumi cheese, Portobello mushroom, lettuce, tomato	KERNEL VEGAN (Ve) £6 Sweet corn patties, roast red pepper, rocket, sweet onion chutney, tomato, green seasoning
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Our burgers come in a toasted bun


(V) Vegetarian (Ve) Vegan Δ available plain *Caribbean green leaf similar to spinach **‘puffed up’ fried flatbreads


Due to the presence of nuts in some of our dishes we cannot guarantee absence of nut traces in our dishes. If you require any information about allergens in our food or drink please ask your server.


Rum is tropical Caribbean sunshine, celebrated at Turtle Bay with a huge selection of rums, perfect for sipping & cocktails...


COCKTAILS

STRAWBERRY DAIQUIRI (Ve)  Havana Especial with strawberry & fresh lime, frozen or straight up


PASSION RUM PUNCH (Ve)  Dark rum, passion fruit liqueur, orange & passion fruit juice, lemon & bitters


ISLAND ICED TEA (Ve)  Olmeca tequila, white rum, gin, triple sec, fresh lemon & diet cola


REGGAE RUM PUNCH (Ve)  Wray & Nephew overproof rum, strawberry, grenadine, lime, bitters & pineapple juices


BEACHCOMBERS ZOMBIE (Ve)  Cockspur rum, dark rum & Woods overproof, Sebor Absinth, grenadine, lemon & pineapple juices


MOJITO (Ve)  Appleton signature, fresh mint, lime & club soda
Try a **Marley Mojito** with Cockspur rum, melon liqueur, watermelon, grenadine & ginger beer
Try **Vanilla & Passion Fruit** with Cockspur rum

ONE LOVE (Ve)  Passion fruit liqueur, dark rum, passion fruit & coconut syrup


UB40  Red wine, blackberry brandy, white rum, raspberry, honey, ginger beer


JUMBLED JULEP (Ve)  White rum, strawberry, fresh mint, passion fruit & apple juice
Try with **Vodka** or **Gin**


JAMAICAN MULE (Ve)  Sailor Jerry’s spiced rum, fresh lime, ginger beer & bitters


RUM RUNNER (Ve)  Frozen blend of dark rum, amaretto, blackberry brandy, banana liqueur & lemon juices


£7.50 or **2’4’1** at **HAPPY HOUR**


BAHAMA MAMA (Ve)  Koko Kanu coconut rum, banana liqueur, pineapple juice, grenadine & bitters


MAI TAI (Ve)  Appleton Signature, amaretto, falernum, triple sec, lime & pineapple juices


WRAY SOUR (Ve)  Wray & Nephew overproof rum, blue curacao, lime juice


ISLAND AFFAIR (Ve)  Melon liqueur, white rum, triple sec, mango, coconut milk & orange juice


RASPBERRY REGGAE (Ve)  Dark rum, raspberries, lime & lemonade
Try with **Vodka** or **Gin**

RUDE BOY (Ve)  Wray & Nephew and Woods 100 overproof rums, falernum & fresh lime
Try a **Rude Girl** with pomegranate syrup


BUFFALO SOLDIER (Ve)  Buffalo Trace bourbon, falernum, fresh mint & apple juice

KOKO KOLADA (Ve)  Koko Kanu coconut rum, dark rum, coconut milk, pineapple juice


TINGALING  Gin, prosecco, elderflower, grapefruit crush


FUNKY KINGSTON  Martini Rosso, strawberry, grapefruit crush, lemon juice & prosecco


ELECTRIC BOOGIE (Ve)  Amaretto, Cockspur gold rum, blue curacao, lime & apple juices

SIDE CHICK MARTINI  Vodka, passion fruit, vanilla, orange juice, prosecco side


ALCOHOL FREE COCKTAILS £4.50 or **2’4’1** at **HAPPY HOUR**


VIRGIN KOLADA (Ve)  Frozen blend of coconut milk, coconut syrup, pineapple juice

REGGAE SUNSPASH (Ve)  Raspberry, coconut syrup, grapefruit crush

VIRGIN PASSION PUNCH (Ve)  Fresh passion fruit, lemon & orange juices


SKY JUICE (Ve)  Frozen blend of pomegranate, pineapple, orange & lemon juices

VIRGIN RASPBERRY REGGAE (Ve)  Raspberry, pomegranate, lime & lemonade


STRAWBERRY & VANILLA NOJITO (Ve)  Strawberry & mint, vanilla, lime & apple juices


RUM SHARING BOARDS
Sharing boards are the best way to explore our rum range
GOOD £14.5 BETTER £16.5 BEST £18.5 FABULOUS £20.5


BEER & CIDER

RED STRIPE DRAUGHT PINT (V)  Produced since 1928 – the Jamaicans’ beer of choice 4.7% ABV £4.25

CARIBBEAN CRAFT LAGER - 330ml (Ve)  Crisp, unfiltered & naturally carbonated. Refreshing & zesty, easy drinking 4.5% ABV £4.05

JAMAICAN PALE ALE - 330ml (Ve)  Brewed specially by The Bay, for The Bay. Perfect with our jerk chicken 4.5% ABV £4.05

RED STRIPE - 330ml (V)  The Jamaicans beer of choice – bottled 4.7% ABV £4.05

CARIB BOTTLE - 330ml  Established in 1960 by Grenada breweries, brought to you from Trinidad 5.2% ABV £4.05


RUM ‘N’ TONIC £4.95


MOUNT GAY BLACK BARREL ‘N’ CUCUMBER & WATERMELON TONIC
Bajan gold rum finished in bourbon barrels to give rich warming toasty notes of plump sultanas, cinnamon, cracked black pepper & creamy vanilla


EL DORADO 3 ‘N’ CUCUMBER & WATERMELON TONIC
Very crisp & fresh award winning white rum from Guyana, with coconut & vanilla notes

FOURSQUARE SPICED ‘N’ CRANBERRY & GINGER TONIC
This Bajan rum is spicy & sweet with notes of peppermint, nutmeg, and gingerbread


BEACH SHOOTERS


FIREWATER (Ve)  Goslings 151 overproof rum, blackberry brandy, falernum, pineapple juice


SHARP SHOOTA (Ve)  White crème de cacao, kahlúa, coconut milk & espresso mix


MINI MARGARITA (Ve)  Olmeca tequila, blue curaçao, lime, salt rim

Always refreshing, always chilled

ISLAND PILSNER - 500ml (Ve)  Our light, golden Pilsner. Clean & crisp with citrus aromas, hoppy flavours & a smooth malty finish. 4.5% ABV £4.75

TURTLE BAY CIDER - 500ml (Ve)  Sunshine in a bottle – autumnal apples are the inspiration for this delicious cider 5.0% ABV £4.75

CARIBBEAN STOUT - 500ml (Ve)  Traditionally brewed Caribbean Stout, rich and dark with creamy flavours of caramel and vanilla. 4.5% ABV £4.75

HEINEKEN 0.0 - 330ml (Ve)  Alcohol free beer with natural flavourings 0.0% ABV £2.75

Add an extra shot of rum for £2.50
or try with Tanqueray Gin

GOSLINGS BLACK SEAL ‘N’ CRANBERRY & GINGER TONIC
Rich and well-balanced dark from Bermuda, with enticing notes of butterscotch, vanilla and caramel


ANGOSTURA 1919 ‘N’ INDIAN TONIC
Rich Trinidadian gold rum with allspice, caramel, molasses & ginger notes


APPLETON SIGNATURE ‘N’ CUCUMBER & WATERMELON TONIC
Spiced apples, golden apricots, pears & orange


HOMEMADE SOFTS £3.95


Refreshing softs to bring down the heat


ELDERFLOWER COOLER (Ve)  Elderflower, cucumber slices, fresh mint, lime juice, club soda

WATERMELON SLUSH (Ve)  Fresh watermelon & watermelon syrup blended with ice

GINGER BEER (Ve)  Our ginger beer with spiced pepper, cloves & fresh lime



PINEAPPLEADE (Ve)  Home-made with pineapple & fresh lime juice, lemonade

PINK LEMONADE (Ve)  Fresh strawberry, watermelon, pomegranate

FIZZY MANGO (Ve)  Home-made with mango, lemon juice & grapefruit crush

PEANUT BUTTER & BANANA SMOOTHIE (Ve)  Smooth peanut butter, fresh banana, vanilla, coconut milk

SOFTS




JUICES & SODAS (Ve)  £2.25  £3.25

APPLE JUICE
ORANGE JUICE
PINEAPPLE JUICE

GRAPEFRUIT CRUSH
COLA / DIET COLA
LEMONADE


WINES

Rich, spicy, colourful food from the Caribbean lifts the ripe fruit flavours in these wines. We offer a range of prices, so if you spend a bit more, you get more!


GOOD  £18  £4.95  £6.75

CHENIN BLANC, BESPOKE
White wine
This South African wine is a real champion with our chargrill

TEMPRANILLO-SHIRAZ, CASA ALBALI
Red wine
A Spanish fruity wine, relaxed & easy going

PINOT GRIGIO ROSÉ, ANTONIO RUBINI (V)  **Rosé wine**
Italian, less sweet, still cool


BETTER  £20  £5.6  £7.5

PINOT GRIGIO, VINUVA (V)  **White wine**
An Italian wine we all know & love



PINOT NOIR, RARE VINEYARDS
Red wine
A vibrant & trendy French wine, a sociable partner to all of our food


WHITE ZINFANDEL, LAVENDER HILL
Rosé wine
Sweet Californian strawberries & whipped cream




BEST  £22.5  £6.3  £8.25

CHARDONNAY, THE MANOR (V)  **White wine**
A South African wine that’s awesome with jerk & has a smooth feel for spice


MALBEC, SEREMOS
Red wine
Turn up the heat with this cracking Malbec



 175ml glass  250ml glass


 Wines are available as a 125ml glass upon request

FABULOUS  £25  £6.95  £8.95

SAUVIGNON BLANC, SOUTHERN RIVERS
White wine
Sensational Marlborough Sauvignon. Bang on with fish

MERLOT RESERVA, VERAMONTE (V)  **Red wine**
A big, rich & inspiring Chilean wine. Loves a curry

FIZZ  £22.95  £4.25

PROSECCO, EXTRA DRY
An everyday celebration  125ml glass

YOUR TIPS: All our staff love tips because it’s a sure fire way of them knowing that you have had a good time. There is no automatic addition to the bill of a service charge (unless you’re a party of 5 or more, in which case an optional 10% is added to the bill). Most guests, if they have had a good time, leave about 10%. Turtle Bay like to ensure all tips are spread out to the whole team, including the kitchen, as it’s a team effort. We do not charge an admin fee for this. All prices include VAT at 20%. We take cash, Visa, Mastercard, Amex & Maestro.